



## Inner Beauty Retreat | inner balance outer beauty

We all have the innate ability to heal ourselves.



**QiMaster**  
presents  
**Inner Beauty Retreat**  
Inner Balance  
Outer Beauty

August 24-29, 2007  
Mauna Lani Resort  
in Hawai'i

Register today!  
(800) 367-2323

For more information  
call Joan Palmtag at  
(888) 399-5663  
or  
qimaster.com  
(626) 445-4284.



MAUNA LANI RESORT  
AT KALĀHUIPUA'A

Inner Beauty Retreat room & event packages at the Mauna Lani Bay Hotel & Bungalows are available starting from \$2,850 (plus tax, single occupancy)

### A rare opportunity to encounter a life-changing experience with Master Hong,

a World-renown healer, researcher, and Western-trained doctor from China. A special five-day immersion retreat is offered to teach you energetic techniques to reconnect you to the source of your health, beauty and spirit. Learn how to align your personal power and Universal energy to your environment and feel better than you ever imagined.



- How to regain facial and skin beauty
- Lose weight where you want to
- Gracefully move through menopause
- Enhance sexual energy
- Identify personal emotional or physical imbalances
- Obtain relief from pain, stress and fatigue

“The self healing tools I learned, including the form, foods and practices, turned my life around. I recommend it to anyone who wants to glow old, instead of grow old.” M.C. Scottsdale

#### You will learn how to transform your health from...

##### ...the inside out

Did you know that imbalances in the internal organs can cause problems like skin acne, wrinkles, menstrual cycle problems, menopause, low sex-drive and makes it difficult to treat illnesses, including chronic diseases—even cancer? On one level, these imbalances stem from too much Yang and not enough Yin energy. You will discover what Yang and Yin energy is, if you have an imbalance, and how to bolster your Yin energy, which will ultimately strengthen your foundation. Plus, you will learn multiple self-healing tools that guarantee results to transform your health from the inside out.

##### ...the outside in

Outer health and beauty are a reflection of the relative balance of your internal organs and energy channels, and the relative synchronicity with the energy of the world. According to Natural Healing, the more one's personal energy is connected with environmental and Universal energy, the more one will enjoy a long healthy life. Master Hong will guide you on how to make this connection and how to incorporate “Qi” (energy) into your daily routine from arising in the morning, walking, working, to going to sleep. You will realize special practices and ancient energetic secrets to tap into energy beyond yourself. You can makeover your health from the outside in, completely naturally. •

